

Omega-3, Omega-6, Omega-9



Lusit-369TM (Flaxseed Oil)

For Healthy Heart

Clear Arteries

With Many Allied Benefits

HEALTH BENEFITS OF LUSIT-369

Linum Usitatissimum (Commonly known as Flaxseed) is one of the most widely used and known oil seeds of the world. Linum Usitatissimum is one the first crops that was cultivated for its flax, bark fiber as well as for its oil. This plant is known to contain all the three essential Omegas: 3,6,9.

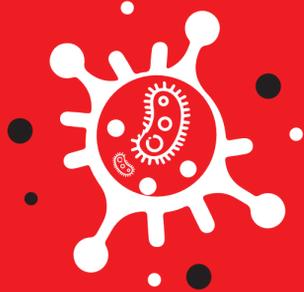


HEART DISEASE



Omega-3 Fatty Acid helps to lower cholesterol and blood triglycerides and also helps prevent clots from forming in arteries, which reduce the risk of strokes, heart attacks and thromboses. It also helps prevent elevated blood pressure by inhibiting inflammatory reactions that cause artery-hardening plaque and poor circulation.

CANCER



Omega-3 has been shown to selectively kill human cancer cells in tissue culture studies, without harming normal cells. Clinical studies are confirming the potential of high doses of Omega-3 to reduce tumour growth.

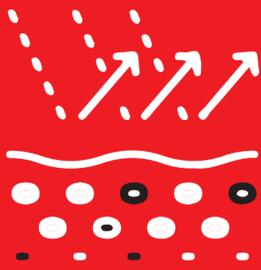
The lignans play a role in protecting against breast, colon, prostate and skin cancer.

SPECIFIC BENEFITS FOR WOMEN

Lusit-369 Capsules are a boon for women's health. It can be used to treat various women's health problems such as premenstrual syndrome, menstrual cramps, pre-menopausal symptoms, endometriosis and female infertility. It can also improve uterine function and health. Lusit-369 Capsules help to regulate menstrual cycle, balance the progesterone levels and reduce menopause symptoms such as sleep difficulties, headache, anxiety, mood swings, breast cysts, etc.



SKIN PROBLEMS



The essential fatty acids in Lusit-369 Capsules are largely responsible for its skin-healing powers. Red, itchy patches of eczema, psoriasis and rosacea often respond to the EFA's anti-inflammatory actions and overall skin-soothing properties. In cases of acne, the EFAs encourage thinning of the oily sebum that clogs pores.

ARTHRITIS

Several double blind studies have shown that when oils rich in Omega-3 are taken as a dietary supplement, about two thirds of patients are able to discontinue their non steroidal drugs and a further 20 % can cut down their drug use.



STRESS



Omega-3 fatty acids are the precursors for the Series 3 prostaglandin's, which regulate immune function and are responsible for reversing the body's physiological response to stress. Some clinical studies have indicated a sense of calmness in response to Omega-3 fatty acids.

SUPPLEMENT FACTS

Serving Size: 1 Capsule	
	Amount per serving
Omega-3, Omega-6, Omega-9 Essential Fatty Acids Derived from Linum Usitatissimum Seed Oil 500 mg. (Cold-Pressed, Extra Virgin Oil used)	500 mg
Nutritional Facts: Total Energy 3.24 K. cal., Total Fat 0.5g., Protein 0.09g., Carbohydrate 0.1g.	

PACKAGE: 30 Capsules. Each Carton Box contains 3 Blister Packs of 10 Capsules.

CAUTION: Not recommended for children below 12 years. Nursing & Pregnant Ladies. Do not take more than recommended dosage.

STORAGE: Store in a cool & dry place. Protect from light. Keep out of sight and reach of children.

SUGGESTED USAGE: As a dietary supplement, take one capsule daily three times with water, or as advised by the healthcare professional.

Lusit-369TM